You Will Need:

- Your new book
- One White Candle
- Incense for dedication and spirituality (and charcoal if you need it)
- Blessed water - like Full Moon Water
- A Bowl of Salt, sand, or dirt (something to represent the Earth Element)
- Matches or a lighter

Optional: Candles representing the elements - red for fire, green for earth, blue for water, yellow for air; an altar plate or other protective symbol, altar tools for directing energy, symbols of your dedicant deities, magickal inks or pens, etc

Gather your objects on your altar or place of personal power with your new book in the middle. Ground yourself, and if it’s part of your practice cast a circle or call the directions. If you’re using your elemental candles, place them in a pentacle around the book and light each candle as you move through the elements. Light your candle an incense and say (aloud or in your head):

“I place before you my [book name] and ask the elements of the earth to bless my spiritual journey.”
Take your bowl of earth or salt and sprinkle some on your book, saying or thinking:

“*I bless this book with the element of earth, and its stable grounding energy*”

With your fingers, sprinkle some of your blessed moon water onto the cover of the book and say:

“*I bless this book with the element of water, and it’s ever changing emotional energy*”

Carefully bring the flame of your candle close to the book, or wave the book (and bowl) over your flame and say or think

“*I bless this book with the element of fire, and it’s transformative and passionate energy*”

Wave the book through the smoke of your incense and say:

“*I bless this book with the element of air, and it’s wise and purifying energy.*”

Hold your book for a while and transfer your energy to it. This can take a few seconds, or a few hours. This is a great time to write a dedication page or a statement of intent, add protection symbols or prayers - basically anything your book needs before you begin to fill it.

Once you feel you and the book are connected place it back on your altar and say:

“*With the aid of the elements of Earth, Flame, Sea and Sky, I consecrate and bless this [book name], that it may protect my personal records, be my personal reference and exude my spiritual devotion. Thank you/so mote it be.*”

At this point you may end your ritual according to your tradition, or take this time of power to decorate it to make it personal. Re-light your candle anytime you write in your book until it’s burnt out. Return your other elemental symbols back to nature, or keep some in a small pouch in your book.